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Impact of the winter North Atlantic Oscillation on the Western Pacific pattern in the following winter through Arctic sea ice and ENSO. Part I: Observational evidence --Manuscript Draft--

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Corresponding Author:	Yoshihiro Tachibana, Ph.D Mie University JAPAN
Corresponding Author Secondary Information:	
Corresponding Author's Institution:	Mie University
Corresponding Author's Secondary Institution:	
First Author:	Miki Oshika, master's degree
First Author Secondary Information:	
Order of Authors:	Miki Oshika, master's degree Yoshihiro Tachibana, Ph.D Tetsu Nakamura, Ph.D
Order of Authors Secondary Information:	
Abstract:	<p>On the basis of a 51-year statistical analysis of reanalysis data, we propose for the first time that the positive phase of the Western Pacific (WP) pattern in the winter is linked to the negative phase of the North Atlantic Oscillation (NAO) in the previous winter, and vice versa. We show that there are two possible mechanisms responsible for this interannual remote linkage. One is an Arctic mechanism. Extensive Arctic sea ice in the summer after a negative NAO acts as a bridge to the positive phase of the WP in the next winter. The other mechanism involves the tropics. An El Niño occurrence after a negative winter NAO acts as another bridge to the positive phase of the WP in the following winter. The timescale of the Arctic route is nearly decadal, whereas that of the tropical route is about 3-5 years. The tropical mechanism indicates that the NAO remotely excites an El Niño in the second half of the following year. A process perhaps responsible for the El Niño occurrence was investigated statistically. A negative NAO in the winter increases Eurasian snow cover. This anomalous snow cover then intensifies the cold air outbreak from Asia to the western tropical Pacific. This outbreak can intensify the westerly wind burst and excite El Niño in the following year. We suggest that the phase of the NAO in the winter could be a predictor of the WP in the following year.</p>

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3 **Pacific pattern in the following winter through Arctic sea ice**
4 **and ENSO. Part I: Observational evidence.**

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6 Miki Oshika · Yoshihiro Tachibana · Tetsu Nakamura

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8 M. Oshika · Y. Tachibana (✉)

9 Climate and Ecosystems Dynamics Division, Graduate School of Bioresources, Mie University

10 Email: tachi@bio.mie-u.ac.jp

11 Tel: +81-059-231-9590

12 FAX: +81-059-231-9590

13

14 Y. Tachibana

15 Japan Agency for Marine-Earth Science and Technology, Yokosuka, Japan

16

17 T. Nakamura

18 Hokkaido University, Japan, and

19 National Institute of Polar Research, Japan

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25 **Abstract** On the basis of a 51-year statistical analysis of reanalysis data, we propose for the first
26 time that the positive phase of the Western Pacific (WP) pattern in the winter is linked to the
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34 an El Niño in the second half of the following year. A process perhaps responsible for the El Niño
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37 tropical Pacific. This outbreak can intensify the westerly wind burst and excite El Niño in the
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39 in the following year.

40

41 **Keywords** Arctic sea ice · ENSO · Long-term prediction · NAO · WP

42

43 **1 Introduction**

44

45 This study tested the hypothesis that Asian weather and climate in a given winter can be predicted
46 one year in advance. A persistent cold wave and heavy snowfall during the winter in East Asia have
47 social, economic, and psychological impacts on Japan because of the lack of atomic power stations
48 in the post-Fukushima accident era. The colder the winter, the more electricity Japan needs. A cold
49 wave is associated with an anomaly in hemispheric atmospheric circulation. One of the most
50 important components of atmospheric circulation correlated with surface air temperature (SAT)
51 teleconnections over Eastern Asia is the Western Pacific (WP) pattern identified by Wallace and
52 Gutzler (1981). The negative phase of the WP pattern affects the Eastern Asian monsoon and leads
53 to abnormally cool temperatures over Eastern Asia and Eastern Siberia in the winter (Gong et al.
54 2001; Zhang et al. 2009). Prediction of the WP pattern in advance is thus important for Japanese
55 society. However, knowledge of the long-term variation of the WP pattern and its prediction is
56 much less advanced than understanding and prediction of other large-scale atmospheric modes.

57 Honda et al. (2009) have hypothesized that winter weather in East Asia is related to ice
58 reduction in the Barents-Kara Seas during the previous autumn. Their atmospheric general
59 circulation model (AGCM) results indicate that a decrease of the extent of sea ice in summer and
60 autumn strengthens the Siberian anticyclone in the following winter and in this way brings about a
61 cold anomaly over East Asia. Honda et al. (2009) did not specifically take note of the WP pattern,
62 but the extent of ice cover in autumn may be a key metric for long-term forecasting of the severity
63 of the winter in East Asia, and specifically in Japan. Takano et al. (2008) have also shown that the
64 Siberian-Japan pattern, which is similar to the WP pattern, favors heavy snowfall in Japan, and Hori
65 et al. (2011) have pointed out that arrival of a cold wave in East Asia is related to an anticyclonic
66 anomaly formed in association with the decline of sea ice in the Barents-Kara Seas.

67 Ogi et al. (2003) have shown that the extent of sea ice during the summer in the Barents
68 Sea and summertime weather in East Asia are related to the North Atlantic Oscillation (NAO)

69 during the winter of the previous year. Rodwell et al. (1999) have also pointed out the impact of the
70 NAO on Arctic Sea ice cover in the Barents Sea. Collectively, these previous studies suggest that
71 the winter cold wave in East Asia is associated with the NAO during the previous winter. However,
72 no previous studies have examined whether the NAO during the winter can be used to predict the
73 WP pattern in the next winter. The first goal of the present study was to determine whether there
74 was an association between the WP pattern during the winter and the NAO during the previous
75 winter.

76 El Niño/Southern Oscillation (ENSO) is another well-known key factor needed for
77 long-term prediction of the WP pattern. The WP pattern is known to be one of the most influential
78 teleconnection patterns excited by ENSO (e.g., Horel and Wallace 1981; Mo and Livezey 1986;
79 Koder 1998). For example, Horel and Wallace (1981) have shown that El Niño events during the
80 winter and the negative phase of the Southern Oscillation Index (SOI) are associated with the
81 positive phase of the winter WP.

82 For the prediction of East Asian weather in the winter, the influence of both the tropics
83 (e.g., ENSO) and the Arctic (e.g., sea ice) should therefore be considered. As the previous studies
84 have suggested, the WP pattern during the winter can be related to both the NAO and ENSO. If
85 interannual variation of the NAO is somehow related to ENSO, the mechanism responsible for the
86 connection among the WP, NAO, and ENSO might be complicated. For example, if the NAO
87 influences ENSO, or if ENSO influences the NAO, these influences would need to be carefully
88 taken into account. Some studies have demonstrated that the Arctic Oscillation (AO) during the
89 spring influences ENSO in the following winter (Nakamura et al 2006, 2007; Chen et al 2014).
90 Because the AO and NAO have similar structures in the northern hemisphere over the Atlantic
91 Ocean, the NAO may also influence ENSO. It is important to distinguish cause and effect in the
92 interactions between the NAO, WP, and ENSO. The second goal of the present study was therefore
93 to test the hypothesis that the NAO influences ENSO. Finally, we discuss the physical processes
94 responsible for the NAO-WP linkage at both low and high latitudes. The methodology of this study

95 primarily involved statistical analyses of a reanalysis dataset from the latter half of the 20th century.

96

97 **2 Data and methods**

98

99 The atmospheric dataset used in this study was the National Centers for Environmental Prediction
100 and National Centers for Atmospheric Research (NCEP/NCAR) reanalysis dataset (Kalnay et al.
101 1996). The extent of sea ice cover and sea surface temperature (SST) data used in this study came
102 from the sea ice and sea surface temperature dataset version 1 (HadISST1) of the Met Office of the
103 Hadley Center (Rayner et al. 2003). The snow depth data from 1979 through 2010 in the Japan
104 Meteorological Agency Climate Data Assimilation System reanalysis (JCDAS) (Onogi et al. 2007)
105 were also used in this study. We used monthly mean data from 1960 to 2010, except for the snow
106 data.

107 We performed an empirical orthogonal function (EOF) analysis to derive indices of the
108 NAO, WP, and ENSO. Time series of the first leading mode (i.e., EOF1 score) of the December
109 geopotential height at 500 hPa (Z500) in the North Atlantic region, December Z500 in the western
110 Pacific region, and December SST in the tropical Pacific region were used as NAO, WP, and ENSO
111 indices, respectively. Table 1 provides detailed definitions of the corresponding regions.
112 Furthermore, a combined (extended) EOF was found to be useful for deriving time series that
113 represented interannual variations coherent with the dominant mode among multiple variables in
114 multiple regions. We can thus signify the coherency of multiple dominant modes by using EOF
115 scores of combined EOFs as indices. On the basis of our hypothesis that there is a linkage between
116 the NAO in the winter and the WP and ENSO in the following winter, we calculated two types of
117 combined EOFs. One was an EOF of the December Z500 in the North Atlantic combined with the
118 one-year-lagged December Z500 in the western Pacific. We defined the NAO+WP index as the
119 EOF1 score of this combined EOF. The other was the same as the NAO+WP EOF, but the
120 one-year-lagged December SST in the tropical Pacific region was also included. We defined the

121 NAO+WP+ENSO index to be the EOF1 score of this combined EOF. Corresponding regions used
122 for the combined EOF were the same as those used for individual EOFs. Table 1 provides a
123 description of the lead-lag relationships among the different regions. Note that in the EOF
124 calculations, area-weighted values were applied, because the density of grid points increases with
125 latitude. Furthermore, because different variables (here, geopotential height and SST fields) have
126 different variances, EOF analysis was performed using a correlation matrix. The definitions of the
127 NAO, WP, and ENSO indices therefore differed from the ones conventionally used: the NAO index
128 from Jones et al. (1997), the WP index from Wallace and Gutzler (1981), and El Niño SST
129 anomalies, respectively. However, the indices used in this study were highly correlated with these
130 conventional indices, and the substantive results of this paper would not be changed if conventional
131 indices were used.

132 To examine the possible linkages among the NAO and one-year-lagged WP and ENSO as
133 well as the underlying mechanisms, we carried out a lead-lag linear regression of the atmospheric
134 variables, SST, sea ice concentration, and snow depth against EOF1 scores. Because of the time
135 scales of SST variability associated with ENSO and sea ice variability, both indices and response
136 variables were normalized and detrended. The indices and variables were then divided into high-,
137 middle-, and low-frequency variations. The high-, middle-, and low-frequency data were obtained
138 by 3-year high-pass, 3–7-year band-pass, and 7-year low-pass filters, respectively. The low-pass
139 data were obtained by 7-year running mean, the high-pass data were obtained by subtracting a
140 3-year running mean, and the band-pass data were determined by subtracting the 7-year low-pass
141 data from the 3-year running mean data.

142

143 **3 Results and discussion**

144

145 3.1 The winter WP and the previous winter NAO

146

147 Figure 1a is a simultaneous correlation map of Z500 with the WP index in December. A significant
148 north-south dipole pattern is apparent over the western part of the North Pacific; positive anomalies
149 are apparent over Japan, and there are negative anomalies over the Russian Far East. Figure 1b
150 shows a simultaneous correlation map of temperature at 1000 hPa (T1000) with the WP index. The
151 temperature is anomalously high over Japan and anomalously low over East Asia and the Russian
152 Far East. These anomaly fields of height and temperature are quite similar to the field of the
153 original WP pattern first defined by Wallace and Gutzler (1981), in which two-point correlation was
154 applied. The contributions of the first and second modes of our EOF analysis were 39.5% and
155 22.6%, respectively. These results thus confirm that the WP pattern is the mode that most influences
156 the East Asian climate in December. In this study, the positive phase of the WP index was defined
157 as cold north and warm south, as shown in Fig. 1. Because a negative WP is the opposite of this
158 pattern, cold winters in Japan tend to occur during the negative phase of the WP.

159 Figure 2a is a lag correlation map of Z500 in December of the previous year with the WP
160 index. Significant positive correlations over Iceland and negative correlations over the North
161 Atlantic Ocean are apparent. This pattern of geopotential height anomaly is somewhat similar to the
162 negative phase of the NAO pattern defined by Wallace and Gutzler (1981). Figure 2b is the same as
163 2a but for T1000. Negative correlations (i.e., cold anomalies) are apparent over Europe and the
164 Barents-Kara Seas, consistent with anomalous temperature signatures in the negative phase of the
165 NAO. The significant lagged correlation indicates that when the winter NAO is in a negative
166 (positive) phase, a positive (negative) phase of the WP pattern appears one year later, and thus a
167 warm (cold) anomaly tends to appear over East Asia in the following winter as shown in Fig. 1. To
168 assess this one-year-lag relationship objectively, we performed an EOF analysis of December Z500
169 fields. This analysis combined spatially and temporally separated areas, specifically the North
170 Atlantic area and the one-year-lagged Western Pacific area (see details in section 2). Figure 3 shows
171 the first mode of this coupled EOF analysis. The contributions of the first and second modes were
172 26.7% and 16.5%, respectively, the indication being that successive occurrences of the negative

173 phase of the NAO and the positive phase of the WP in the following winter were dominant. The
174 result of this EOF analysis is consistent with the one-year-lag relationship apparent in Fig. 2. We
175 therefore define the EOF1 score of this coupled EOF as the NAO+WP index. Here, the positive
176 NAO+WP index corresponds to the negative phase of the NAO and the positive phase of the WP,
177 and vice versa.

178

179 3.2 The path from the winter NAO to the winter WP the following year

180

181 Some mechanisms that connect the winter NAO and the WP in the following winter are not
182 apparent. The mechanisms cannot involve the atmosphere, because the atmosphere cannot retain
183 information long enough to connect phenomena in successive winters. Candidate mechanisms may
184 involve the ocean, land, and sea ice, because their heat capacities are much larger than that of the
185 atmosphere. Here we point out some processes that may modulate the internal variability of the
186 atmosphere and play roles in connecting these two atmospheric patterns.

187

188 *3.2.1. Arctic sea ice variations*

189

190 We first examined the relationship between the NAO-WP linkage and Arctic sea ice variability.
191 Figure 4 shows the correlation between the extent of Arctic sea ice cover in the spring (left),
192 summer (middle), and autumn (right) and the NAO+WP index. There are clearly apparent positive
193 correlations between the low-frequency variations (bottom row) on the Eurasian side of the Arctic
194 Ocean, in particular the Barents Sea, in all seasons. These correlations mean that the low-frequency
195 variations of a negative (positive) NAO during the winter and a positive (negative) WP during the
196 next winter are associated with a decadal-scale increase (decrease) of sea ice in the Barents Sea in
197 the extra-winter seasons. Figure 5 shows normalized time series of the NAO+WP index and the
198 areal extent of summertime sea ice in the Barents-Kara Seas (the area surrounded by the green line

199 in Fig. 4) separated into high-, middle-, and low-frequency variations. Whereas high-frequency
200 variations were poorly correlated ($r = 0.06$) with a low confidence level ($\sim 31\%$), middle- and
201 low-frequency variations were much better correlated ($r = 0.48$ and 0.52 , respectively) with
202 relatively high confidence levels ($\sim 95\%$ and 82% , respectively). These results suggest that
203 long-term variations of the extent of sea ice in extra-winter seasons is a key to explaining the two
204 winter teleconnection patterns. The connection with the positive NAO during the winter and the
205 negative WP during the following winter as a result of the decrease of the extent of sea ice in the
206 Barents Sea in the spring and summer is consistent with the influences of the NAO on Arctic sea ice
207 (Ogi et al. 2003). Furthermore, the implication that a decrease of the extent of Arctic sea ice in the
208 summer brings a cold anomaly to the Far East in the winter is consistent with the results of Honda
209 et al. (2009).

210

211 3.2.2. Tropical SST variations

212

213 The NAO and WP might be linked not only by Arctic sea ice but also by the SST in the rest of the
214 ocean. In particular, the variations of tropical SSTs caused by phenomena such as ENSO have large
215 impacts on East Asian winter weather. We therefore next examined the relationship between the
216 NAO-WP linkage and tropical SST variability. Figure 6a shows regression coefficients of the
217 high-frequency variations of SST in December against the high-frequency variations of the
218 NAO+WP index during the previous year. A positive SST anomaly is apparent in the
219 central-to-eastern tropical Pacific. Figures 6c and 6e show the same coefficients as Fig. 6a, but for
220 middle- and low-frequency variations, respectively. Whereas there is a positive anomaly of the
221 middle-frequency SST variations in the tropical Pacific resembling ENSO, the low-frequency SST
222 variations do not show a noticeable signature. The distributions of these SST anomalies associated
223 with high- and middle-frequency variations somewhat resemble the anomalous SST patterns of
224 ENSO. Figures 6b, 6d, and 6f show the evolutions of the high-, middle-, and low-frequency tropical

225 SST anomalies, respectively, regressed against the NAO+WP index. For the high-frequency
226 variations in the central to eastern tropical Pacific (90–180°W), negative anomalies are apparent in
227 January-March of the following year, and positive anomalies are apparent in September-December
228 of the following year. For the middle-frequency variations, positive SST anomalies extend toward
229 the east from the central tropical Pacific in January of the following year to the eastern tropical
230 Pacific in December of the following year. The structures of these anomalies in the evolution of the
231 tropical SST also resemble the development of ENSO on a similar time scale. In contrast,
232 low-frequency variations showed no significant evolution. This result indicates that El Niño (La
233 Niña) and the positive (negative) phase of the WP tend to occur one year after the negative
234 (positive) phase of the winter NAO. This pattern is obvious on the typical timescale of ENSO
235 (about 2 to 6 years), but not on a decadal timescale. That is, neither the decadal ENSO nor the
236 Pacific decadal oscillation (PDO) is associated with a link to the NAO or WP.

237 To estimate the strength of the relationship between the winter NAO in one year and ENSO
238 and the WP in the following year, we executed a combined EOF analysis, NAO+WP+ENSO (see
239 section 2 and Table 1). Figure 7 shows the horizontal pattern of the first mode of the EOF. The
240 contributions of EOF1 and EOF2 were 25.5% and 16.1%, respectively. This EOF1 pattern signifies
241 the occurrence of the negative phase of the NAO and the positive phase of both the WP and El Niño,
242 with a lag of one year after the NAO. The same relationship between the NAO-WP linkage and the
243 tropical SST anomaly illustrated in Fig. 6 is apparent in the first mode of this EOF analysis. We
244 defined the NAO+WP+ENSO index to be the score of the first mode of this combined EOF. Figure
245 8 shows an unfiltered time series of three individual EOF1 scores (i.e., NAO, WP, and ENSO
246 indices) and two combined EOF1 scores (i.e., the NAO+WP and NAO+WP+ENSO indices). All of
247 the indices are positively correlated with each other. The correlation coefficients among the five
248 indices are shown in Table 2. The correlations between the NAO and ENSO indices are relatively
249 low, because there was no consideration of the time scale. Although the NAO-ENSO correlation is
250 low, the NAO+WP+ENSO index was highly correlated with the three individual indices (Table 2),

251 the indication being that there was good coherence among the three phenomena. This is because the
252 most suitable spatial pattern and time scale was chosen by EOF to make covariance among three
253 fields the largest. We thus confirmed that the NAO, WP, and ENSO are closely connected with each
254 other.

255

256 3.2.3. Possible mechanism

257

258 We have shown that the winter NAO is likely associated with the WP during the winter of the
259 following year, and that WP is strongly connected to the temperature anomaly in Japan. In addition,
260 we have shown that there are two processes, one involving high latitudes, and the other involving
261 low latitudes.

262 The high-latitude process involves Arctic sea ice variations. The negative (positive) phase
263 of the winter NAO changes oceanic currents in the North Atlantic and weakens (strengthens)
264 oceanic heat transport into the Arctic (Wohlleben and Weaver 1995; Kwok and Rothrock 1999;
265 Sandø et al. 2010; Schlichtholz 2011). This weakened (strengthened) heat transport also slows
266 down (speeds up) the reduction of sea ice in the spring. A condition of more (less) ice than normal
267 then persists until the season of ice freezing in autumn. In winter, all of the Arctic Ocean is covered
268 by sea ice, regardless of the autumn ice area. Less (more) ice production during the freezing season
269 reduces (increases) the heat released from the ocean to the atmosphere in the Arctic. An
270 anomalously small (large) heat flux excites stationary Rossby wave propagation, which induces
271 warm (cold) advection to Japan, as shown by Honda et al. (2009). The influence of the NAO on this
272 mechanism is more obvious at low-frequency time scales, such as a decadal time-scale. This
273 scenario is reasonable, because sea ice and the ocean have large heat capacities.

274 The low-latitude process involves variations of tropical Pacific SSTs on a timescale typical
275 of ENSO. As mentioned above, El Niño (La Niña) induces positive (negative) WP in the winter
276 (e.g., Horel and Wallace 1981; Mo and Livezey 1986; Kodera 1998). It is thus necessary to examine

277 processes that connect the winter NAO and the subsequent ENSO. An El Niño outbreak tends to
278 start in the late winter/early spring (Philander 1985; Barnett et al 1989; Yu and Rienecker 1998; Yu
279 et al. 2003). We thus focus on the impacts of the winter NAO on the tropics in late winter/early
280 spring. Some studies have pointed out the relationship between an NAO-associated snow anomaly
281 on the Eurasian continent and tropical atmospheric variations. Clark et al. (1999) and Hori and
282 Yasunari (2003), for example, have shown that there is an anomalous increase (decrease) of
283 snowfall in western Eurasia in association with a negative (positive) winter NAO. Barnett et al.
284 (1989) have shown that winter snow on the Eurasian continent is associated with the summer Indian
285 monsoon and ENSO. In addition, Nakamura et al. (2006, 2007) have shown that an outbreak of cold
286 air from Asia to the tropics intensifies the westerly wind burst over the western tropical Pacific and
287 triggers El Niño. The winter NAO thus has the potential to intensify a cold air outbreak through its
288 effect on the snow anomaly in the western Eurasian continent. We therefore hypothesize that
289 tropical atmospheric variations, which are related to El Niño outbreaks, can respond to the Eurasian
290 snow anomaly associated with the wintertime NAO. To test this hypothesis, we examined the
291 Eurasian snow anomaly and associated atmospheric processes by regression against the
292 NAO+WP+ENSO index. We focused on only the 3–7-year band-pass timescale, because the
293 regression of SST anomaly in the central-to-eastern tropical Pacific against the NAO+WP index
294 was highest on this timescale (Fig. 6).

295 Figure 9 shows the correlation of the middle-frequency variations (3–7-year
296 band-pass-filtered) of snow depth (upper) and surface air temperature (lower) in December of one
297 year (a and c) and in January of the following year (b and d) with the winter NAO+WP+ENSO. It
298 should be noted that January of the following year indicates January of the next calendar year,
299 namely 1 month after December of the current year. Positive correlations with snow anomalies and
300 negative correlations with surface temperature anomalies are apparent for the western Eurasian
301 continent. In addition, areas highly correlated with snow depth widen toward the east from
302 December to January. These results signify that a negative NAO widens the area of anomalous

303 snow cover in association with a cold anomaly in the western Eurasian continent. Figure 10 shows a
304 normalized time series of the NAO+WP+ENSO index and snow depth during January of the
305 following year averaged over western Eurasia (the area surrounded by the green line in Fig. 9). In
306 Fig. 10, all of the time series are separated into high-, middle-, and low-frequency variations.
307 Whereas the NAO+WP+ENSO index and western Eurasian snow are significantly correlated for
308 high- and middle-frequency variations ($r = 0.54$ and 0.51 , respectively), the correlation coefficient
309 for low-frequency variations was not significant ($r = 0.14$). This result indicates that western
310 Eurasian snow varies coherently with the NAO and ENSO on a timescale typical of ENSO, the
311 suggestion being that western Eurasian snow is important to the NAO-WP-ENSO linkage.

312 Figure 11a shows the regression field of the middle-frequency variations (3–7-year
313 band-pass-filtered) of the geopotential height at 300 hPa in January of the following year against
314 the NAO+WP+ENSO index. In addition to the negative NAO-like anomaly in the North Atlantic, a
315 negative anomaly in western Russia (around 60°E , 60°N) and a positive anomaly around Mongolia
316 (100°E , 40°N) are apparent. The associated wave activity flux, which has been developed by
317 Takaya and Nakamura (2001) and is an indicator of the group velocity of the quasi-geostrophic
318 Rossby wave, indicates that a stationary Rossby wave propagates from Europe to Mongolia. Figure
319 11b shows a vertical cross section of the geopotential height anomaly and associated wave activity
320 flux along with the path of Rossby wave propagation (brown line in Fig. 11a). Upward and
321 eastward propagation of the stationary Rossby wave is apparent around 30°E . The wave originates
322 from a near-surface wave source where strong baroclinicity exists because of the negative heat
323 released with the large snow anomaly (i.e., high-pressure anomaly around 30°E below 500 hPa).
324 Downward propagation of the Rossby wave is apparent around 90°E , and an anticyclonic anomaly
325 extends toward near the surface, although their signals are insignificant. Figure 11c shows
326 regressions of the geopotential height and horizontal wind vector at 850 hPa in February of the
327 following year against the NAO+WP+ENSO index. A positive geopotential anomaly is apparent
328 from Mongolia to Southeast Asia. An anomalous westerly wind over the maritime continent is

329 apparent. The results suggest that changes in the tropical circulation of the western equatorial
330 Pacific may occur because of the NAO-related snow anomaly. In other words, a high-pressure
331 anomaly in the lower troposphere in Southeast Asia brings a cold surge from the continent to the
332 equatorial Pacific (Yu and Rienecker 1998; Yu et al. 2003; Nakamura et al. 2007), and thus the
333 Asian cold surge often intensifies the westerly wind burst over the maritime continent. The
334 anomalous westerly wind found in our results may be a signature of the intensification of the
335 westerly wind burst. These processes, which start with a negative NAO, can induce the occurrence
336 of an El Niño from summer to winter. The timescale of this NAO influence is 3–7 years, which
337 agrees well with the typical timescale of an ENSO. Because the WP is excited by the ENSO (e.g.,
338 Horel and Wallace 1981; Mo and Livezey 1986; Kodera 1998), ENSO plays a role in connecting
339 the NAO and WP on a timescale of about 3–7 years.

340

341 **4 Conclusions**

342

343 We have used statistical analyses to show for the first time that a positive (negative) phase of the
344 WP pattern during the winter, which brings a warm (cold) anomaly to East Asia, including Japan, is
345 related to a negative (positive) phase of the NAO in the previous winter. Exploiting this interannual
346 linkage may facilitate long-term weather prediction. In this study we have proposed two
347 mechanisms responsible for this interannual linkage. One mechanism involves the Arctic, and the
348 other involves the tropics. The key factor in the case of the Arctic mechanism is Arctic sea ice. The
349 Arctic mechanism is more obvious at low-frequency timescales, such as decadal or multi-decadal
350 time-scales. The other mechanism involves variations of tropical SSTs. We found that a negative
351 winter NAO induced an El Niño-like SST anomaly in the following winter. Because El Niño excites
352 the WP pattern remotely, a NAO in one winter can induce a WP pattern in the following winter. A
353 process that may link a negative NAO during the winter to El Niño is the following. Unusually
354 extensive snow cover on the western Eurasian continent as the result of the influence of the

355 negative phase of the NAO during the winter, which brings about cold winters in Europe, makes the
356 air temperature in the region low. The negative heat release associated with the cold surface
357 generates a wave, and the propagation of the wave excites an anticyclonic circulation over the
358 Tibetan plateau. This anticyclonic circulation brings about an outbreak of cold air from Asia to the
359 western tropical Pacific Ocean, which intensifies the western wind burst over the western tropical
360 Pacific Ocean. This burst of westerly winds can excite El Niño from summer to winter in the
361 following year.

362 Both the long-term and short-term variations of the winter NAO therefore act to induce a
363 WP in the following winter. The phase of the NAO during the winter could therefore be a predictor
364 of the WP the following year. We have proposed two processes to account for the connectivity of
365 the NAO and WP. Other processes that are not apparent may also influence the WP in the following
366 winter. For example, the winter WP might have an influence on the NAO in the following winter
367 because the time scales of the discovered linkage between the NAO and WP is in 3-5 years or
368 decadal. This possibility must be explored in future studies. Because this study was based on
369 statistical analysis of the reanalysis dataset, the true cause of the relationships between the NAO,
370 Arctic sea ice, ENSO, and WP is still uncertain. In the case of the tropics in particular, the impacts
371 of the NAO on El Niño outbreaks should be examined in more detail. To confirm the proposed
372 processes, we performed a multi-model ensemble analysis using the Coupled Global Climate Model
373 (CGCM) from the Coupled Model Intercomparison Project phase 3 (CMIP3) of the World Climate
374 Research Programme (Meehl et al 2007; Randall et al 2007) in Part II (Nakamura et al. 2014¹) as a
375 counterpart of this study.

376

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¹ Nakamura et al. (2014) was submitted to *Climate Dynamics* simultaneously with the present paper as a companion paper. The title and author of Nakamura et al. (2014) is as follows. Nakamura T, Hara M, Oshika M, Tachibana Y Impact of the winter North Atlantic Oscillation on the Western Pacific pattern in the following winter through Arctic sea ice and ENSO. Part II: Multi-model evaluation of the NAO-ENSO linkage. (submitted to *Climate Dynamics*)

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463

464 **Table 1** Definitions of indices used in this study. “Dec” indicates an EOF that was applied to
 465 interannual variations associated with the region in December. “(+1yr)” indicates an EOF that was
 466 applied to a variable in December of the following year. The contribution of the primary mode of
 467 the EOF (i.e., EOF1) is denoted in the last column

Region and variable	North Atlantic	Western Pacific	Tropical Pacific	Contribution
	Z500	Z500	SST	
Longitude and latitude	50°W–10°E, 30–90°N	120–180°E, 20–80°N	180–270°E, 10S–10°N	
NAO	Dec			42.8%
WP		Dec		39.5%
ENSO			Dec	75.4%
NAO+WP	Dec	Dec (+1yr)		26.7%
NAO+WP+ENSO	Dec	Dec (+1yr)	Dec (+1yr)	25.5%

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471

472 **Table 2** Correlation coefficients among indices

	WP	ENSO	NAO+WP	NAO+WP+ENSO
NAO (sign reversed)	0.250	0.171	0.860	0.630
WP (+1yr)		0.443	0.694	0.784
ENSO (+1yr)			0.350	0.777
NAO+WP				0.848

473

474

475 **Figure captions**

476

477 **Fig. 1** Simultaneous regression fields of (a) geopotential height anomaly at 500 hPa (m) and (b)
478 temperature at 1000 hPa (K) with the WP index in December. Contours indicate regression
479 coefficients. Light, moderate, and heavy shading indicate statistical significance greater than 80%,
480 90%, and 95%, respectively. Red and blue indicate positive and negative correlations, respectively

481

482 **Fig. 2** Lag-regression fields of (a) geopotential height anomaly at 500 hPa (m) and (b) temperature
483 at 1000 hPa (K) in December (0yr) against the WP index in one year later (+1yr). Contours and
484 shading have the same meaning as in Fig. 1

485

486

487 **Fig. 3** Spatial pattern of 1st mode of EOF applied to December Z500 in North Atlantic region and
488 December Z500 the following year in the Western Pacific region (NAO+WP, see text and Table 1)

489

490 **Fig. 4** Lag-correlation maps of the extent of sea-ice in the (left) spring, (center) summer, and (right)
491 autumn +1yr against the NAO+WP index. Spring, summer, and autumn values are defined to be
492 three-month means of data for March-April-May, June-July-August, and
493 September-October-November, respectively. The designation +1yr indicates that the sea-ice field
494 follows by one year the North Atlantic region of the EOF analysis of the NAO+WP. Correlations
495 obtained from the sea-ice field and NAO+WP indices determined by applying a 3-year high-pass
496 filter, 3–7-year band-pass filter, and 7-year low-pass filter are shown in the top, middle, and bottom
497 rows. Blue (red) indicates positive (negative) correlation

498

499 **Fig. 5** Time series of (black) NAO+WP index and (red) extent of sea-ice area in Barents-Kara Seas
500 in JJA of the following year (25–75°E and 65–85°N: area surrounded by green line in bottom-center
501 panel of Fig. 4). The indices were normalized and applied a (a) 3-year high pass filter, (b) 3–7-year
502 band-pass filter, and (c) 7-year low-pass filter. The correlation coefficient between the two time
503 series is displayed at the upper right-hand corner of each panel

504

505 **Fig. 6** (left) Lag-regression fields of the SST (K) in December of the following year against the
506 NAO+WP index. (right) Same as left, but for evolution of the equatorial SST from January of the
507 following year to December of the following year. Correlations calculated using a (a and b) 3-year

508 high-pass filter, (c and d) 3–7-year band-pass filter, and (e and f) 7-year low-pass filter are
509 displayed in the top, middle, and bottom rows, respectively. The meaning of the contours and
510 shading are the same as in Fig. 1

511
512 **Fig. 7** Spatial pattern of 1st mode of EOF applied to the December Z500 in the North Atlantic,
513 December of the following year Z500 in the Western Pacific, and December of the following year
514 SST in the tropical Pacific Ocean (NAO+WP+ENSO: see text and Table 1)

515
516 **Fig. 8** Time series of normalized indices obtained by EOF analyses. Each curve is explained in the
517 note in the lower left-hand portion of the figure. Note that only the NAO index is drawn with a
518 reversed sign

519
520 **Fig. 9** The correlation of (upper) snow depth and (lower) temperature at 1000 hPa in (a and c)
521 December and in (b and d) January of the following year against the NAO+WP+ENSO index.
522 Correlations obtained from the snow and temperature fields with the NAO+WP+ENSO index are
523 all based on use of a 3–7-year band-pass filter. Light, moderate, and heavy shading indicate
524 statistical significance greater than 80%, 90%, and 95%, respectively. Blue (red) indicates positive
525 (negative) correlations in (a) and (b), and negative (positive) correlation in (c) and (d). Contours in
526 (c) and (d) indicate regression coefficient of temperature (K)

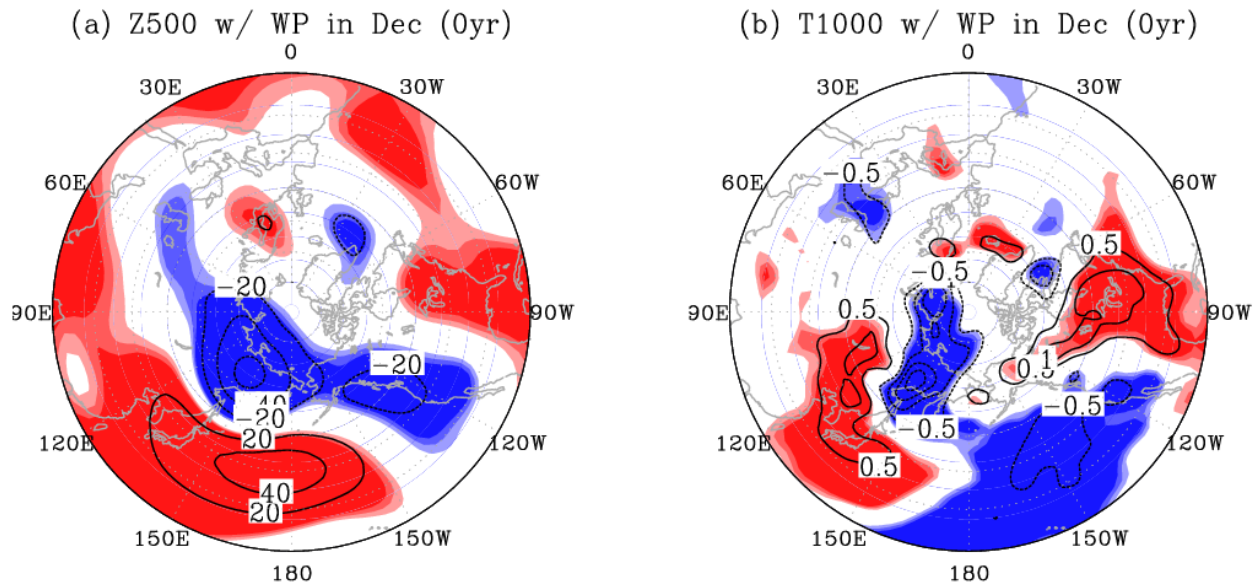
527
528 **Fig. 10** Time series of (black) NAO+WP index and (red) snow depth averaged in central Europe in
529 January of the next year (0–40°E and 40–60°N: area surrounded by the green line in Fig. 9). Indices
530 were normalized and applied (a) 3-year high-pass filter, (b) 3–7-year band-pass filter, and (c) 7-year
531 low-pass filter. The correlation coefficient between the two time series after 1979 is displayed at the
532 upper right-hand corner of each panel

533
534 **Fig. 11** Regression fields of (a) geopotential height anomaly at 300 hPa (m) in January of the
535 following year against the NAO+WP+ENSO index and the corresponding wave activity flux
536 indicated by the green arrow. An arrow length corresponding to $0.1 \text{ m}^2 \text{ s}^{-2}$ is displayed at the upper
537 right-hand corner of the panel. (b) Vertical cross section of the regression of geopotential height
538 along the brown line in (a). The green arrow is the vector of the zonal and vertical components of
539 the corresponding wave activity flux. (c) Regression fields of geopotential height anomaly at 850
540 hPa (m) in February of the following year against the NAO+WP+ENSO index and horizontal wind
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544

545 **Figures**

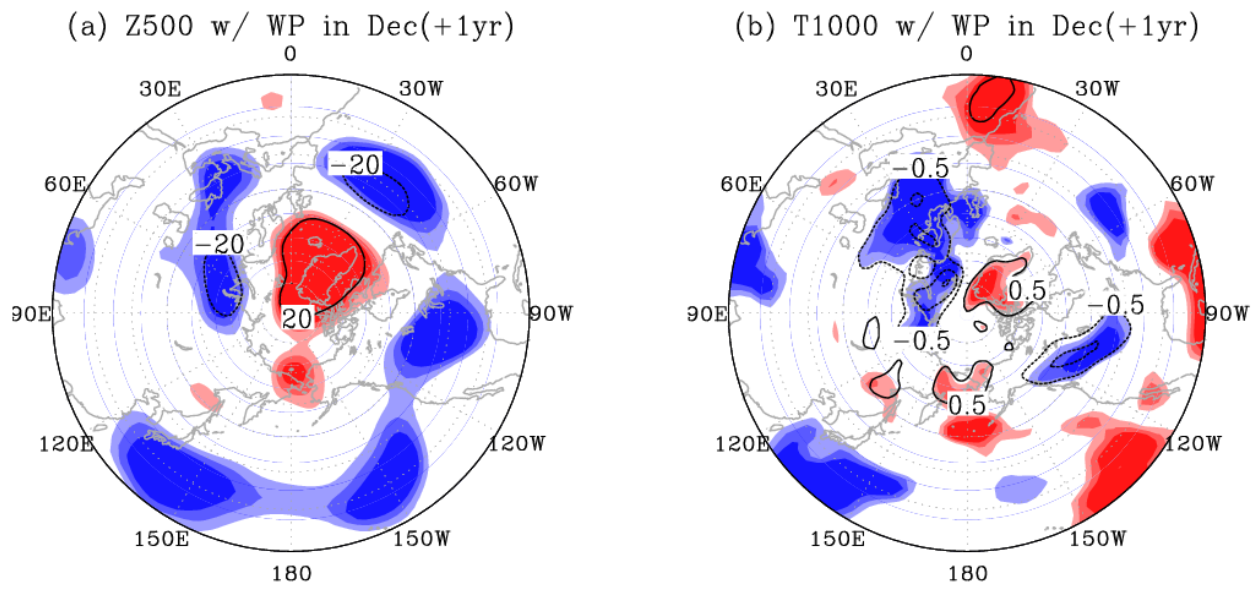
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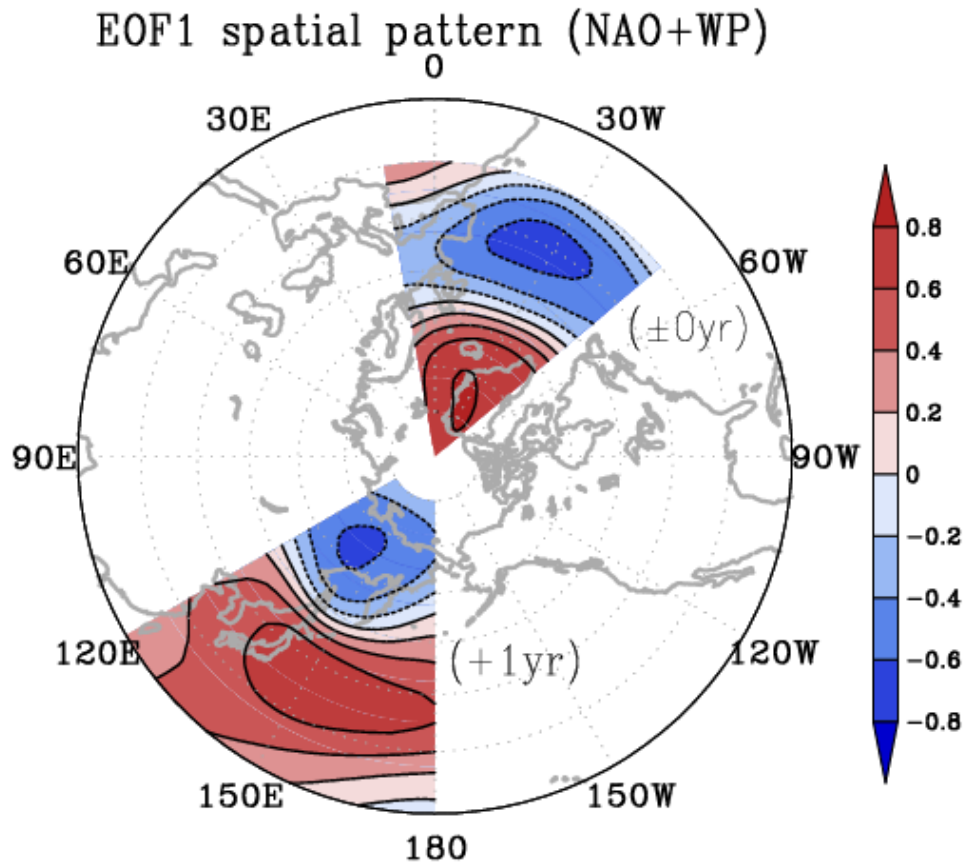


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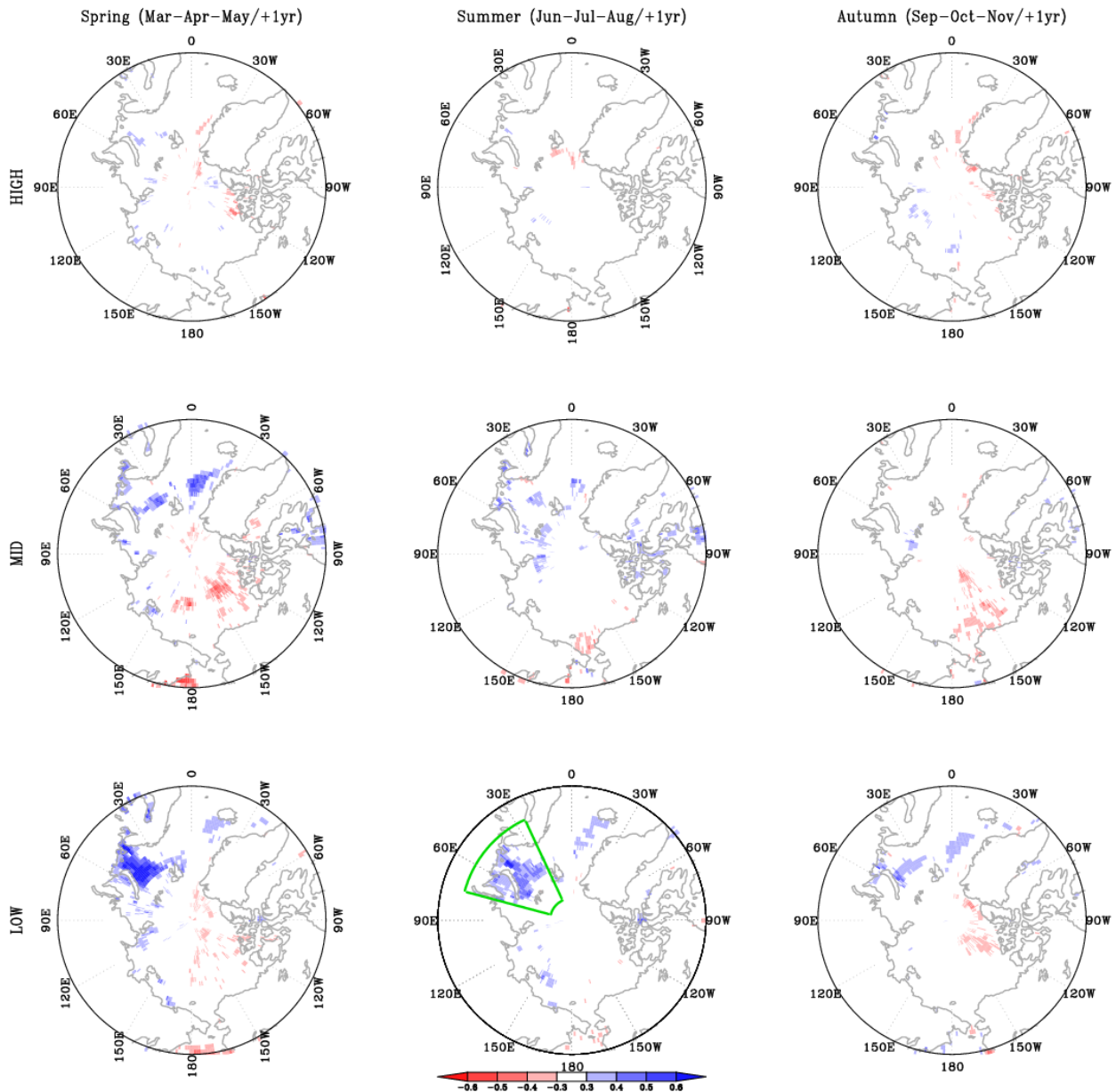
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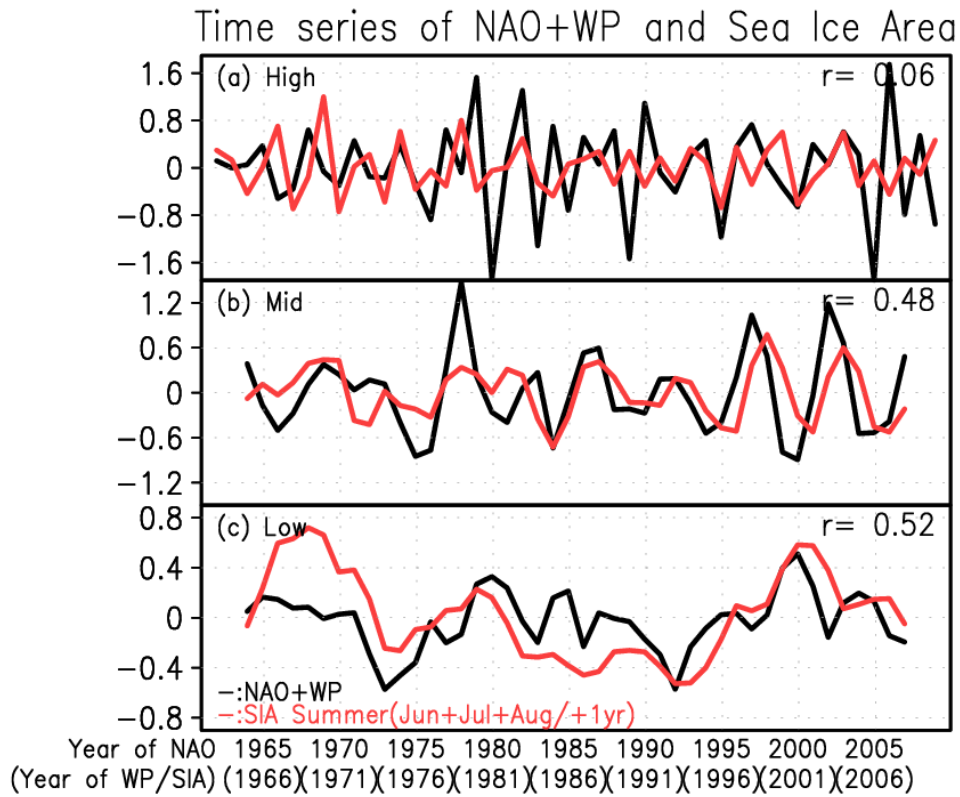
573 rows. Blue (red) indicates positive (negative) correlation

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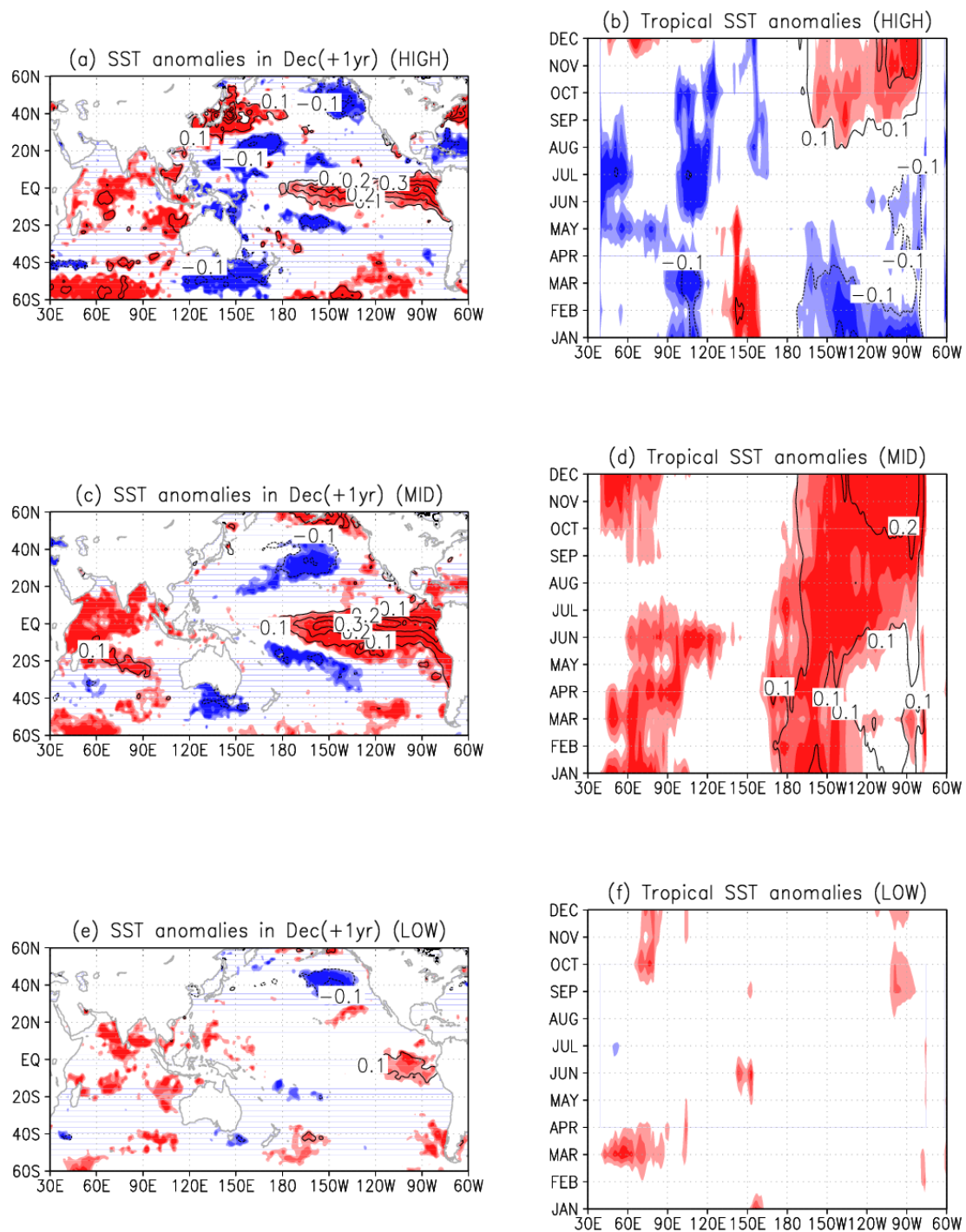
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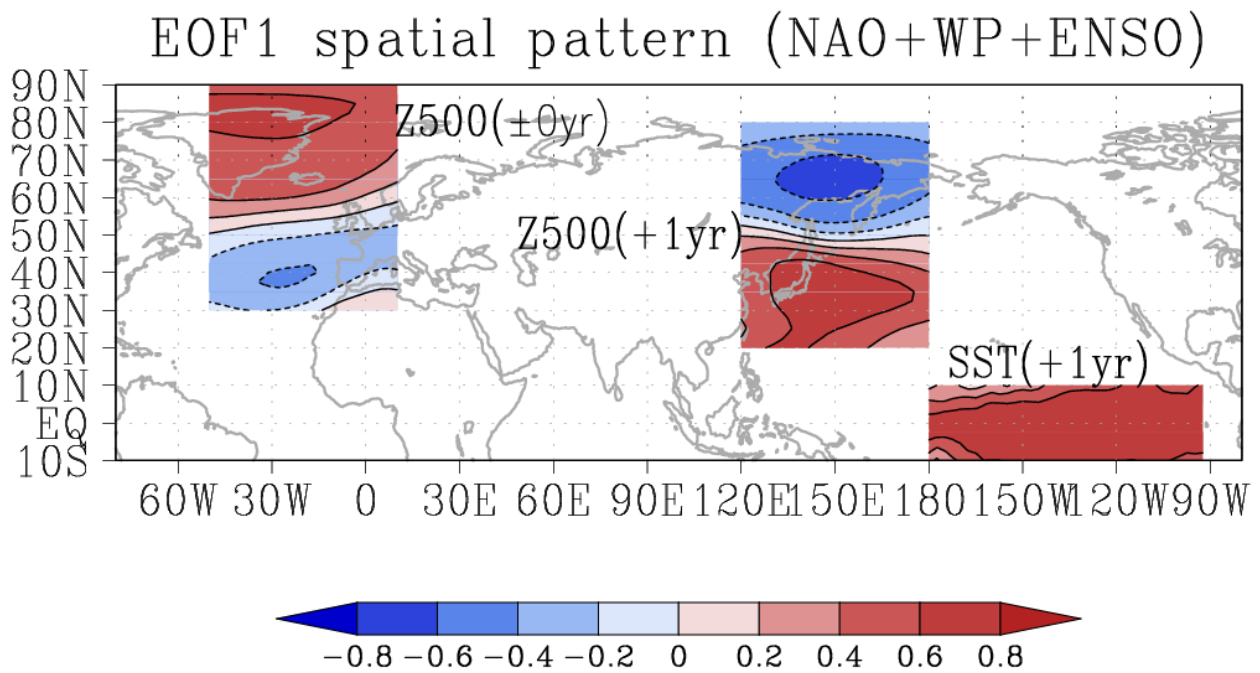
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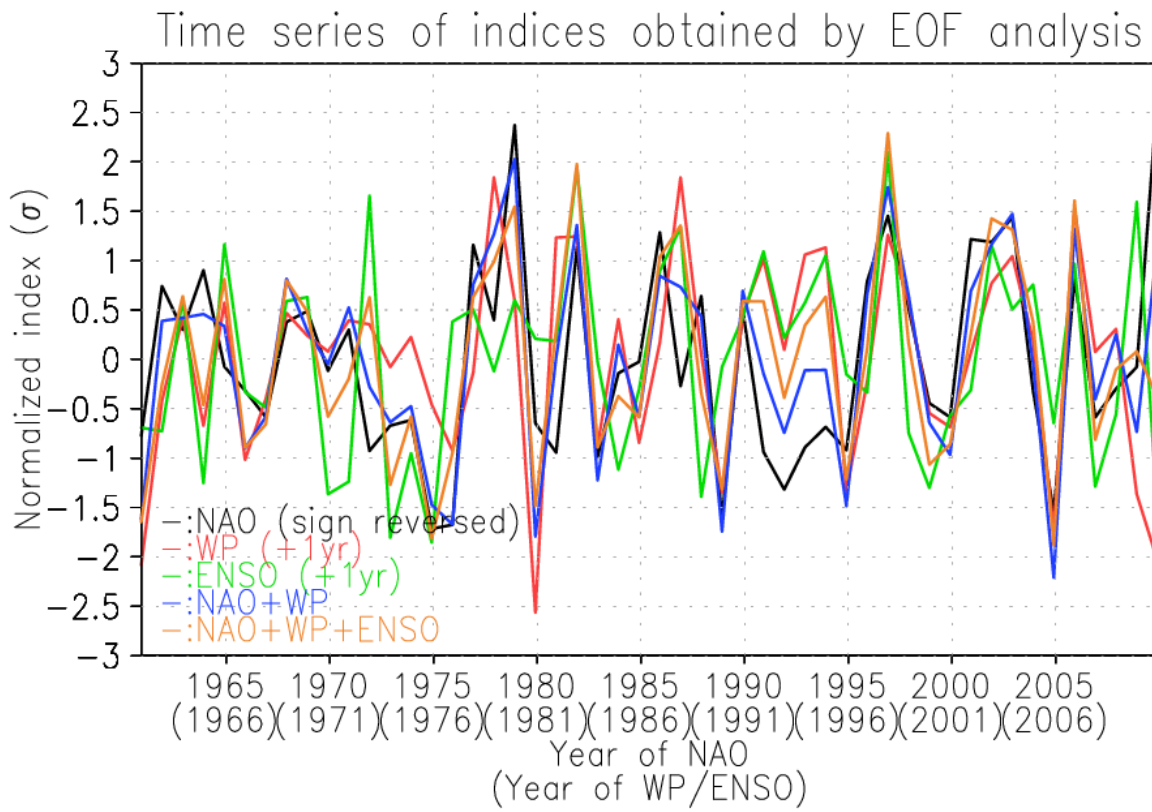
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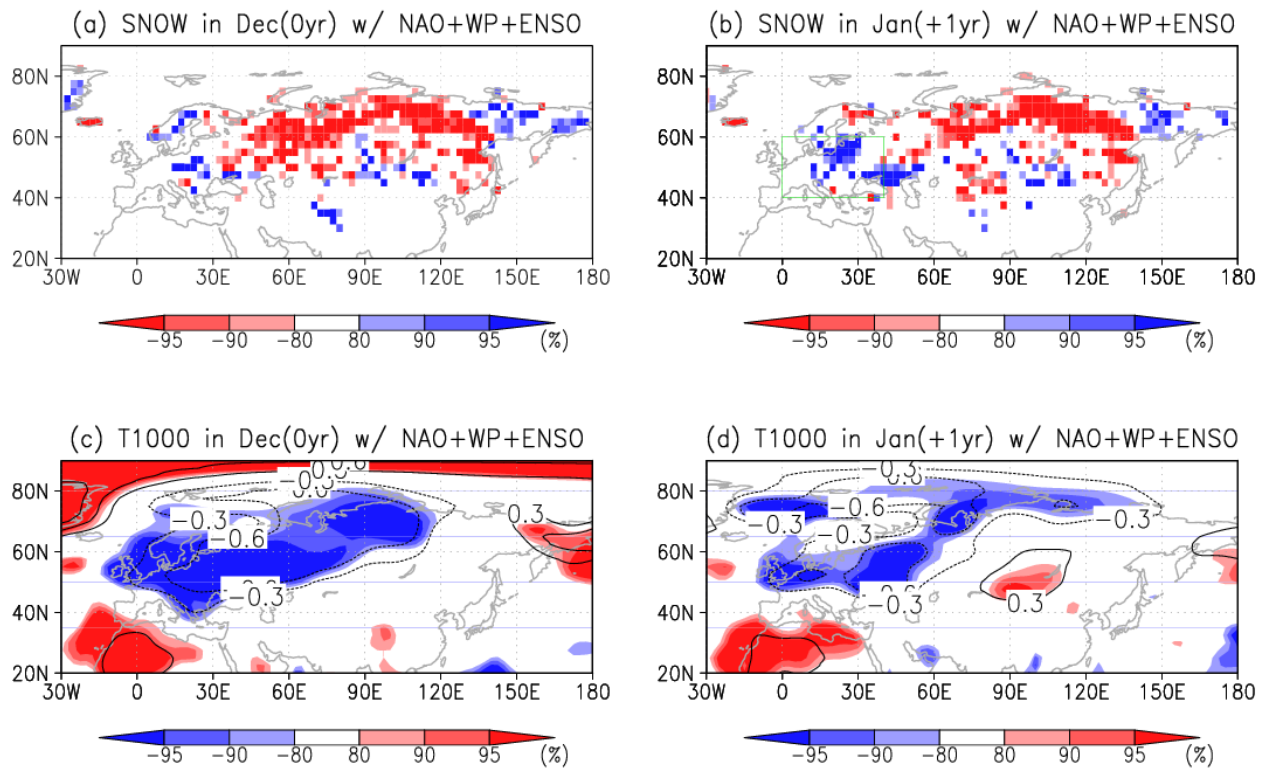
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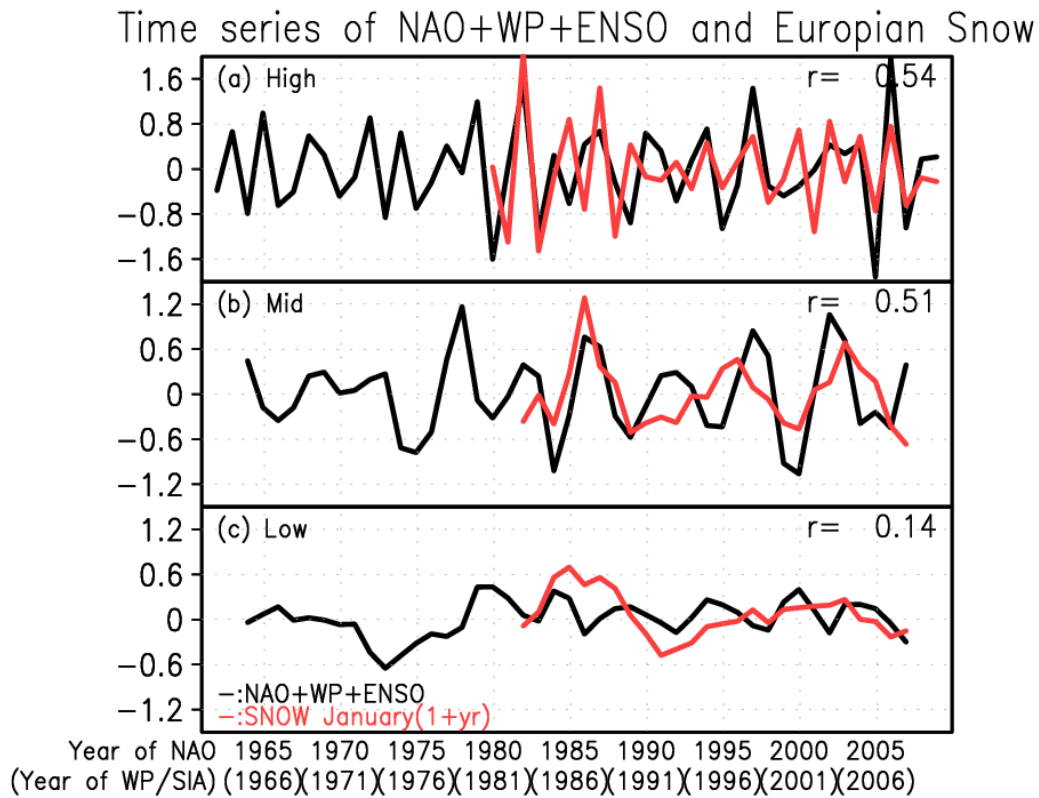
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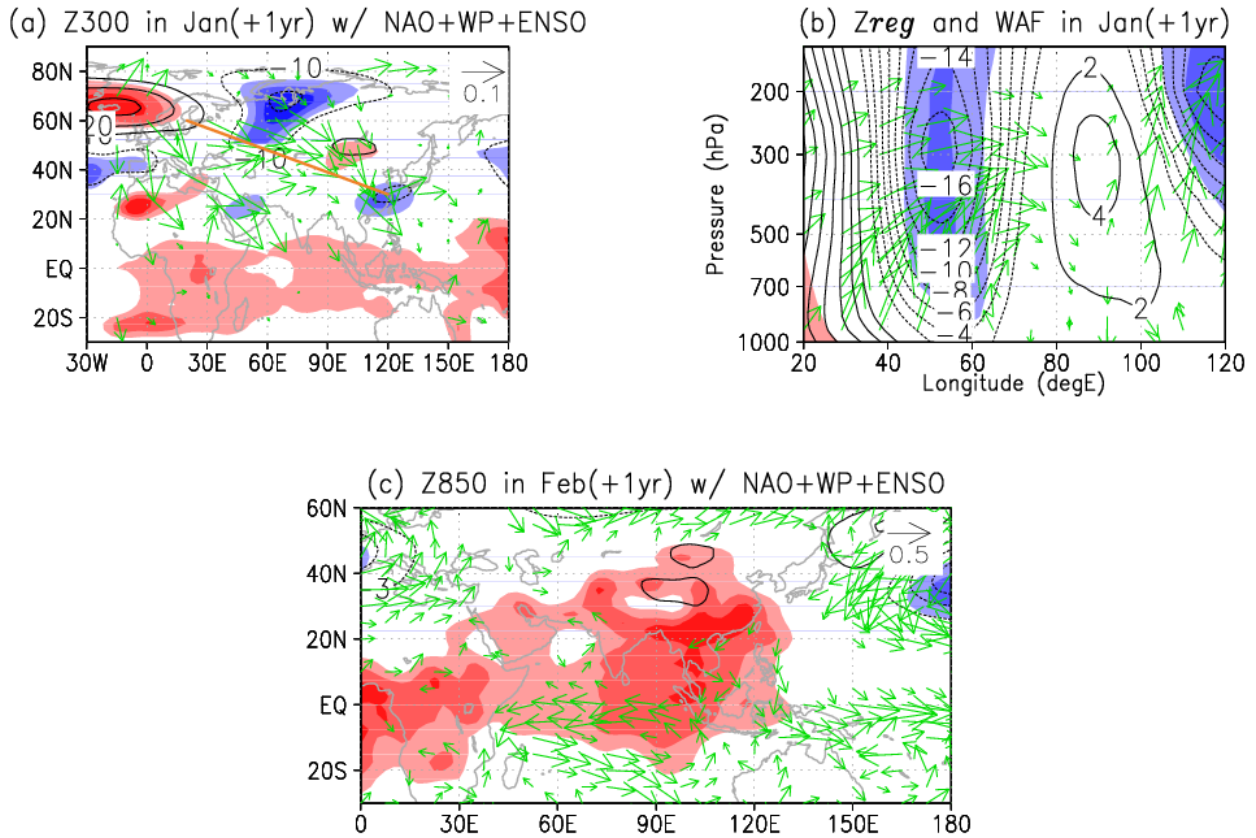
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635